












MAY The Morgan Hill Senior Café	<u>Tuesday</u> 	<u>Wednesday</u> Meatless Bocca Burgers Upon Request	<u>Thursday</u> <u>Menus may change at</u> <u>any time.</u>	<u>Friday</u> All Meals are served at 12:00 pm Sign-in by 11:30 am
				1 Beef Stroganoff Egg Noodles Whole Grain Bread Mixed Vegetables Green Salad Fresh Orange
4 Baked Pork Chop With Apples Whole Grain Bread Sweet Potatoes Green Beans Fruit Cup with Strawberries	5 Chicken Quesadilla With Shredded Lettuce, Diced Tomatoes, Sour Cream, Avocado, Chips &  Salsa, Refried Beans Cantaloupe & Honeydew	6 Baked Tilapia Filet Tartar Sauce Brown Rice Peas & Carrots Beet & Onion Salad Pineapple Juice	7 BBQ Ribs  Whole Grain Bread Potato Salad Baked Pinto Beans Watermelon	8 Chicken Caesar Pasta Whole Grain Bread California Vegetables Tossed Romaine Salad Tropical Fruit Cup
11 Roast Beef with Gravy Dinner Roll Mashed Potatoes Cook's Choice Veggies Banana	12 Chicken Teriyaki Seasoned Brown Rice Broccoli Vegetable Soup  w/ Carrots Fruit	13 Grilled Hamburger French Fries Whole Grain Bun Tomato, Onion Rings, Lettuce Coleslaw, Melon	14 Open Faced Hot Roast Beef Sandwich Garlic Mashed Potatoes Mixed Vegetables Mandarin Orange Sections	15 Glazed Ham  Cranberry Sauce Whole Grain Bread Sweet Potatoes Fresh Vegetables Fresh Fruit
18 Old Fashioned Meatloaf Whole Grain Bread Summer Vegetables Baked Potato Peaches	19 Beef or Bean and Cheese Enchiladas California Blend Veggies Refried Beans  Fruit in Gelatin	20 Roast Turkey & Gravy Cranberry Sauce Whole Grain Brad Mashed Potatoes Fresh Green Beans Pineapple Juice	21 Salisbury Steak with Grilled Onions Whole Grain Bread Baked Potato Fresh Broccoli & Cauliflower Fruit Cup	22 Chicken/Dumplings Mixed Vegetables Garden Salad with Assorted Vegetables Orange
25 MEMORIAL DAY 	26 Corned Beef with  Mustard Sauce Whole Grain Bread Cabbage & Carrots Boiled Red Potatoes Fresh Fruit in Season	27 Beef Stroganoff Egg Noodles Whole Grain Bread Mixed Vegetables Green Salad Fresh Orange	28 Chicken or Bean and Cheese Enchiladas  Mexicali Mix Veggies Fresh Broccoli Salad Refried Beans Cook's Choice Fruit	29 Breaded Fish Tartar Sauce Lentil Soup Whole Grain Bread Baked Potato Roasted Carrots Fruit Cup